



Silver ALERT

SUPPORT COMMITTEE

Suggestions for Caregivers to Decrease the Incidence of Silver Alerts

- Provide continuous supervision; do not leave a loved one with Alzheimer's disease home alone
- Provide daily socialization, stimulation and recreation
- Maintain a regular schedule of eating, drinking and toileting
- Reduce excessive noise and light in the home environment
- Inform neighbors about your loved one's Alzheimer's disease
- Clearly identify bathroom and bedroom doors with eye-level pictures and labels
- Camouflage exit doors with curtains or the same colored paint as the surrounding walls
- Cover door knobs
- Provide validation and distraction when your loved one wants to leave
- Install specialized door and window locks outside of the normal line of vision
- Install door and window alarms
- Install "safe zone" technology
- Hide car keys
- Disable car through a "kill switch" or disconnecting the battery
- Have your loved one wear a Medic Alert/Safe Return identification bracelet
- If your loved one has wandered previously, have him or her wear electronic monitoring technology (where available)

In spite of caregivers' best efforts your loved one may still wander. In order to respond quickly in the event they go missing, always have a current picture available, know the description and tag number of all cars at the home, and have their name and phone number on all clothing.